

Vermont Child Care Apprenticeship – RELATED INSTRUCTION

PLANNING A SAFE, HEALTHY LEARNING ENVIRONMENT – 15 Hours		
Type of Instruction	Title of Training	Date Completed
<p>How to maintain your good health and wellness. This refers to YOU, not the children. <i>Examples of training include: preventing burn-out, stress-reduction, nutrition.</i> Online options for completing this training are: Better Kid Care - Stress: Seeing With Optimism OR Resilient Caregivers: "Bouncing Back" from Stress OR ProSolutions - Dealing with Personal Stress</p>		
<p>Activities and resources for preventing childhood injury. This refers to injury prevention, indoors and outdoors. How can you reduce the risk of injury and ensure the safety of children? <i>Examples of training include: playground safety, transportation.</i> Online options for completing this training are: Better Kid Care - Keeping Children Safe on Playgrounds OR ProSolutions - Essentials of Indoor Safety * Please note, the similar training about outdoor safety will not give you full credit for this requirement.</p>		
<p>Basic First Aid and CPR These trainings must be up to date for completion of Apprenticeship.</p>		
<p>Teaching children ways of staying safe and healthy. This refers to activities you do <i>with children</i> to promote their health and safety. <i>Examples include: teaching healthy food choices, physical activity, pedestrian/bike safety, playground rules.</i> Online options for completing this training are: Better Kid Care - Your #1 Priority: Keeping Children Healthy & Safe</p>		
<p>Food handling, sanitation and diaper changing. <i>Complete Meal Time, Hand Washing, and Diapering assessments.</i></p>		
<p>Identification, monitoring and reporting of communicable diseases. How do you know what to do when you notice a new rash or a child feels feverish? <i>Can be done on site with medical professional.</i> Online options for completing this training are: ProSolutions - Infectious Disease Control: Kick Those Germs to the Curb!</p>		
<p>Understanding physical, cultural and other differences. How does diversity impact the learning environment? <i>Examples include: exploring diversity, children with special needs.</i> Online options for completing this training are: Better Kid Care - Building Relationships with Children and Youth Who Challenge Us OR ProSolutions - Special Needs in the Early Childhood Classroom</p>		
<p>Program and state policies and practices relating to injury prevention, response to injury and documentation. How do you know what to do when a child gets injured? <i>Employer can write up documentation of on-site training, if applicable.</i></p>		

Better Kid Care: <https://extension.psu.edu/programs/betterkidcare>

ProSolutions: <https://www.prosolutionstraining.com/>

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BASIC AND ADVANCED PROTECTIVE SERVICES CHILD CARE – 12 Hours		
Type/Title of Training	Title of Training	Date Completed
Basic Specialized Care (6 hour training)		
Shaken Baby Syndrome		
Act 1 training: Commit to Kids		
Typical sexual development and behavior and symptoms of sexual abuse; classroom prevention and response techniques. <i>Examples include: Nurturing Healthy Sexual Development, Understanding and Responding to the Sexual Behavior of Children, Care for Kids.</i>		
Therapeutic techniques to support children with special physical, social and emotional needs in child care. For instance, what can you do to help an angry child become calm? <i>Examples of training include: Therapeutic Techniques in Child Care, Therapeutic Play in Early Childhood Settings, or documented regular work with CIS or another agency that supports a child in your program where techniques are taught to use with a child in your care.</i>		

COLLEGE COURSES – 270 or 315 Hours (45 Hours Each)	
Course Title	Term/Year Taken
Dimensions of Self and Society (INT 1050) *	
Communication in the Early Childhood & Afterschool Workplace (COM 1015)	
Child Development (PSY 2010)	
Supporting Young Children with Diverse Abilities (EDU 1270)	
Curriculum Development for Early Childhood Education (EDU 2045)	
Program Management for Early Childhood & Afterschool Education (EDU 2042)	
Leadership, Mentoring and Supervision for Early Childhood & Afterschool Practitioners (EDU 2041)	

* This course may be waived by VCCICC for returning students who have successfully completed 5 college courses in recent years. A transcript must be sent to VCCICC to determine this.

